

OCT 2020

SUN	MON	TUE	WED	THU	FRI	SAT
				01	02	03
				Scrambled Eggs Fruit Milk	Muffins Fruit Milk	
04	05	06	07	08	09	10
	Yogurt Parfait Fruit Milk	Cereal Fruit Milk	Long Johns Fruit Milk	Cowgirl Sandwich Fruit Milk (sausage egg and cheese on biscuit)	Bagels Fruit Milk	
11	12	13	14	15	16	17
	No school Native American Day	Breakfast Wrap Fruit Milk	Pancakes Fruit Milk	Coffee Cake Fruit Milk	Cinnamon Twist Fruit Milk	
18	19	20	21	22	23	24
	Omelet Fruit Milk	Waffles Fruit Milk	Banana Bread Fruit Milk	Cowboy Sandwich Fruit Milk (Ham egg and cheese on biscuit)	Pancake on a stick Fruit Milk	
25	26	27	28	29	30	31
	Scrambled eggs Fruit Milk	Long Johns Fruit Milk	French toast sticks Fruit Milk	Muffins Fruit Milk	Yogurt Parfait Fruit Milk	
